



Format Sheet for
How The World Advances... Through Individual Choice

PLEASE NOTE

Commercial Slit: 3:00 minutes Local/3:00 minutes National

Airing window: **January 1, 2016 - October 1, 2016**

<u>Segment</u>	<u>Segment Length</u>	<u>Running Time</u>
Show Open & Segment #1	05:28	05:28
Commercial Break #1	02:02	
1A National Commerical-CME#1	00:30	05:58
1B Black for Local Commercial	00:30	06:28
1C National Commerical-CME #2	00:30	06:58
1D Black for Local Commercial	00:32	07:30
Show Segment # 2	08:42	16:12
Commercial Break #2	02:03	
2A National Commerical-CME#1	00:30	16:42
2B National Commerical-FTN	00:30	17:12
2C National Commerical-CME#2	00:30	17:42
2D Black for Local Commercial	00:33	18:15
Show Segment # 3	05:54	24:09
Commercial Break #3	00:35	
3A National Commerical-CME#1	00:30	24:39
3-B-D Black for Local Commercial	00:05	24:44
(**3B-D :90 but PULLED TO :05)		
Show Segment # 4 & Credits	03:21	28:05
Total Running Time:		28:05
<u>Total/TOTAL Running Time:</u>		<u>29:30:00</u>

**For assistance, please contact Kayla B. Hoffman of New Visions Worldwide Distribution:
 970/366-2312 or kayla@newvisionssyndication.com**